
New Chair of PRRT as it celebrates its 20th Anniversary

Michele Larmour took up Chair of PRRT in May 2019, the first female to hold this position, as the Trust marks its 20th Anniversary.

Michele is an experienced executive leader, with over 31 years' service in UK policing, leaving in 2017 as Assistant Chief Constable, West Midlands Police. There she held portfolios on Local Policing, Early Intervention, Mental Health, Business Transformation, Talent Development and Critical Incident Management. Previously Michele served over 28 years policing Northern Ireland from July 1986, as an officer in the Royal Ulster Constabulary GC and then the Police Service of Northern Ireland. Prior to leaving PSNI as Chief Superintendent, she was Head of Training and Development at the Police College.

Since leaving policing Michele has been appointed Visiting Fellow in Policing with the Faculty of Business, Law and Social Sciences, Birmingham City University, Assessor with the UK College of Policing, External Expert in the selection of senior leaders in An Garda Síochána, as well as working internationally supporting the delivery of policing programmes. From 2016 Michele has been a member of Birmingham Metropolitan College Corporation Board and Audit and Risk Committee.

Michele is an active mentor and coach, championing diversity, completing accreditation in Coaching in 2018. She has a BSc (Hons) Degree in Policing and Police Studies and has completed the FBI Law Enforcement Executive Leadership Programme.

Michele is keen to stress that PRRT continues to assist retired officers and those planning to leave the service to recognise their potential, identify opportunities, set and achieve their objectives and enjoy optimum mental and physical wellbeing beyond policing.



Michele Larmour with Eddie Gaw, Chief Executive, PRRT.

We enable clients to achieve their goals by providing:

- Psychological Therapies
- Physiotherapy
- Personal Development, Coaching and Training

Michele explains that a recent independent review indicated the continued need for services, however she states what has been most impressive is the client satisfaction level - often clients have very different needs and it is very pleasing as a new Chair to see the professionalism of the staff of the Trust in services delivered, standards adhered to and personal drive to delivery more despite reducing or flat budget profiles.

Michele reflects on the bespoke challenges arising from policing the conflict in NI resulting in the formation of PRRT in 1999. Indeed her first appointment as Chair was to the RUCGC Foundation, meeting the Chair Stephen White and visiting the Garden of Remembrance. Colleagues paid with their lives and there are many more left with complex needs or hesitancy to reach out for services elsewhere than in a confidential environment. It is therefore



Visiting the Garden of Remembrance.

imperative that PRRT continue to meet these bespoke needs of retired officers in NI. In addition to this PRRT also provide clinical and professional services and bespoke training to PSNI Occupational Health, PFNI, NIPS and other DOJ bodies. The first few months have been busy familiarising myself with the business needs, signing of accounts, agreeing the business plan and meeting key stakeholders. There has been the induction of 2 other new members to the PRRT Board being Carol Ackah and Bernie McCrory who bring a wealth of experience in HR and Health in addition to Oliver Wilkinson returning for a second term. Police Federation and PSNI are also represented on the PRRT Board.

Like many organisations PRRT face financial, resourcing and technology challenges amidst growing demand reflective of national trends within emergency services personnel. Michele and the PRRT Board very much look forward to supporting Eddie Gaw the Chief Executive, his SMT and staff in PRRT to continue to deliver the high standard of services in the most efficient way possible and to ensure we are proactive in reaching out and assisting those who need our services most.