

Research

The Police Rehabilitation and Retraining Trust, in collaboration with Ulster University and Queens University Belfast, has been working on analysing the impact and benefits of PRRT's Psychological treatment services for its primary client group. The research was conducted over the past 3 years and had applied machine learning to critique and review the impact of treatment for a large number of clients, particularly those affected by PTSD. The outcome of the research had shown the benefits of PRRT's clinical approach to addressing the needs of the clients and the significant improvements that had been made by the clients.

Professor Maurice Mulvenna, the Lead Investigator Ulster University, said, "We work closely with PRRT and other organisations across Northern Ireland that provide mental health support to their clients. Much of this work has been highlighted in the International Digital Mental Health and Wellbeing conference, recently hosted by Ulster University. With PRRT, our analysis has shown improvements in client outcome scores through attending the service"

Dr Norry McBride CEO, PRRT would like to acknowledge the work that was undertaken with Ulster University and Queens University Belfast in bringing the outcome of this research into the public domain, as it has demonstrated the benefits of clients seeking intervention for mental health related issues.

Please see attachment on the recent research completed.

