

ADDICTIONS INFORMATION: RESOURCES, HELPLINES AND SUPPORT SERVICES

[Treatment and support services | Northern Ireland Drug and Alcohol Services \(drugsandalcoholni.info\)](#) Comprehensive list of Treatment and Support Services in NI.

[Mental Health And Addiction - Inspire Wellbeing](#) Inspire Addiction Services NI.

[Dunlewey Addiction Services – Unlocking the Door to Personal Growth, Learning and Change](#) Alcohol, Drug, Gambling addiction support services.

[Extern's Drug and Alcohol services](#) Extern Drug and Alcohol support service.

[ASCERT | Reducing alcohol & drug related harm in our communities](#) ASCERT Drug and Alcohol support services.

[Drinkaware Home | Drinkaware](#) Drinkaware. Alcohol advice and support.

[Support lines | Drinkaware](#) Includes links to Drinkchat (online webchat service 9am to 2pm).

[Helping Alcoholics to Achieve Sobriety - Alcoholics Anonymous Ireland](#) Alcoholics Anonymous (all) Ireland. Alcohol addiction support services.

[Alcoholics Anonymous Great Britain \(alcoholics-anonymous.org.uk\)](#) Alcoholics Anonymous GB.

[Al-Anon UK | For families & friends of alcoholics](#) Al Anon UK & Ireland: 0800 008 6811.

Drinkline: 0300 123 1110 (weekdays 9am–8pm, weekends 11am–4pm)

If you are in Scotland, you can also contact Drinkline Scotland on [0800 7314 314](#)

[Nacoa: Helping everyone affected by their parent's drinking - Nacoa](#)

Information, advice and support for children of alcohol-dependent parents and anyone concerned with the welfare of a child.

Helpline: [0800 358 3456](#)

Email helpline: helpline@nacoa.org.uk

[Addiction Treatment Centres Ireland - Cuan Mhuire](#) Cuan Mhuire, Addiction treatment services and residential rehab (alcohol, drugs and gambling).

[Honest information about drugs | FRANK \(talktofrank.com\)](#)

Confidential information, advice and support for anyone concerned about alcohol and illegal drugs. Helpline: [0300 123 6600](#) (24hrs a day, 7 days a week).

[Self-Help Addiction Recovery | UK Smart Recovery](#) Helping people to manage addictive behaviour. In person Groups available in Ballymena, Coleraine and Lisburn. Online groups country wide.

[About Us | The People Who Make a Difference | Rehab 4 Addiction](#) UK wide advisory and referral service for people who suffer from alcohol, drug and behavioural addiction.

[Welcome to UKNA | UKNA | Narcotics Anonymous in the United Kingdom](#) Narcotics Anonymous, drug addiction support service.

[Gamblers Anonymous](#) Gamblers Anonymous, Gambling addiction support services.

[Talk to us now - GamCare](#) National Gambling Support Network. Freephone: 0808 8020 133

[Gambling Clinic | Extern: Transforming Lives Transforming Society](#) Extern Gambling Clinic. Gambling addiction support.

www.belfastga.co.uk Belfast Gamblers Anonymous, addiction support.